

Available Daily

Milk and Water offered with every meal.





Menu items are subject to change based on availability.

JANUARY 2018

Breham Middle & Junior High Main Lunch Line



USDA is an equal opportunity provider and employer.

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|---|---|
| 1  <small>© Lakeshore</small> | 2  | 3  | 4  | 5  |
| 8  | 9 Chicken Parmesan Pizza Sandwich w/Marinara Sauce Steamed Carrots Steamed Cauliflower Diced Pears  | 10 Nachos with Ground Beef Chicken Quesadilla Ranch Style Beans Lettuce & Diced Tomatoes Salsa, Banana Sour Cream, Ranch Dressing | 11 Oven Fried Chicken W/Hot Roll Chili Cheese Dog Roasted Potatoes Green Peas Sliced Peaches Ketchup, Mustard | 12 Pepperoni Pizza Baked Potato w/Taco Meat, Cheese & Roll Steamed Corn, Spinach Salad Fresh Orange, Margarine, Sour Cream Picante Sauce, Ranch Dressing |
| 15  <small>www.homeschool.com 20082003</small> | 16 Spaghetti w/Meat Sauce & Breadstick Cheese Stuffed Breadstick w/ Marinara Sauce Broccoli w/Cheese, Tossed Salad Fresh Orange, Ranch Dressing | 17 Chili Cheese Crispito w/Jalapeno Cornbread Chicken Fajitas w/Cheese Roasted Peppers & Onions Charro Beans, Fresh Apple Salsa, Sour Cream | 18 Mandarin Orange Chicken w/ Rice Salisbury Steak w/Rice Steamed Carrots, Grape Tomatoes Sliced Peaches Brown Gravy, Ketchup, Ranch Dressing | 19 Sliced Pepperoni Pizza BBQ Beef Baked Potato w/Cheese & Roll Steamed Corn Cucumber Slices Strawberry Cup, Margarine Sour Cream, Ranch Dressing |
| 22 Chicken Fried Steak Chicken Nuggets Mashed Potatoes Green Peas Sliced Peaches Country Gravy, Ketchup, BBQ Sauce | 23 Chicken Spaghetti w/Breadstick Ham & Cheese Sub Mixed Vegetables Lettuce & Sliced Tomatoes Fruit Cocktail Mayo, Mustard, Ranch Dressing | 24 Nacho w/Chili & Cheese Cheese Enchiladas Refried Beans Tossed Salad Banana Salas, Ranch Dressing | 25 Soft Taco w/Cheese Beef, Bean & Cheese Burrito Ranch Style Beans Lettuce & Diced Tomatoes Pineapple Tidbits Salsa, Sour Cream, Ranch Dressing | 26 Cheese Pizza Baked Potato w/Ham, Cheese & Roll Broccoli w/Cheese, Baby Carrots Fresh Apple Margarine, Sour Cream, Ranch Dressing |
| 29 Steak Fingers Chicken Nuggets Mashed Potatoes Green Beans Pineapple Tidbits Country Gravy, Ketchup, BBQ Sauce | 30 Chicken Parmesan Pizza Sandwich w/Marinara Sauce Steamed Carrots Steamed Cauliflower Diced Pears | 31 Nachos with Ground Beef Chicken Quesadilla Ranch Style Beans Lettuce & Diced Tomatoes Salsa, Banana Sour Cream, Ranch Dressing |  |  |

For nutritional and other information, check out our website at: <http://brenham.healtheliving.net>