

Available Daily

Milk and Water offered with every meal.

Menu items are subject to change based on availability.

USDA is an equal opportunity provider and employer.

October 2017

Breham High School Main Lunch Line



Mon		Tue		Wed		Thu		Fri	
2	Chicken Fried Steak Chicken Nuggets Mashed Potatoes, Green Beans Breadstick, Fresh Orange Strawberry Apple Sauce Country Gravy, Ketchup, BBQ Sauce	3	Kung Pao Chicken w/Rice Knockwurst Slider Steamed Carrots Creamy Coleslaw Fruit Cocktail, Fresh Apple Ketchup, Mustard	4	Oven Roasted Chicken w/Hot Roll Chili Cheese Dog Roasted Potatoes Seasoned Squashed Pineapple Tidbits, Banana Ketchup, BBQ Sauce, Mustard	5	Nachos with Ground Beef Chicken Quesadilla Ranch Style Beans Lettuce & Tomato Salsa, Diced Pears, Watermelon Sour Cream, Ranch Dressing	6	Pepperoni Pizza Baked Potato w/Taco Meat, Cheese & Hot Roll Broccoli w/Cheese, Baby Carrots Diced Peaches, Fresh Orange Sour Cream, Ranch Dressing
9	Student Holiday	10	Spaghetti w/Meat Sauce & Breadstick Cheese Stuffed Breadstick Broccoli w/Cheese, Sliced Cucumbers Fruit Cocktail, Fresh Apple Marinara Sauce, Ranch Dressing	11	Chili Cheese Crispito w/Jalapeno Cornbread Chicken Fajitas w/Cheese Roasted Peppers & Onions Charro Beans, Pineapple Tidbits Banana, Salsa, Sour Cream	12	Chicken Tenders Ham & Cheese Sub Sweet Potato Fries Sandwich Trimmings Diced Pears, Fresh Apple Country Gravy, Ketchup, BBQ Sauce	13	Cheese Pizza BBQ Beef Baked Potato w/Hot Roll Broccoli & Cauliflower Dippers Steamed Corn, Marinara Sauce Diced Peaches, Fresh Orange Margarine, Sour Cream, Ranch Dressing
16	Chicken Fried Steak Chicken Nuggets Mashed Potatoes, Green Beans Breadstick, Fresh Orange Strawberry Apple Sauce Country Gravy, Ketchup, BBQ Sauce	17	Kung Pao Chicken w/Rice Knockwurst Slider Steamed Carrots Creamy Coleslaw Fruit Cocktail, Fresh Apple Ketchup, Mustard	18	Oven Roasted Chicken w/Hot Roll Chili Cheese Dog Roasted Potatoes Seasoned Squashed Pineapple Tidbits, Banana Ketchup, BBQ Sauce, Mustard	19	Nachos with Ground Beef Chicken Quesadilla Ranch Style Beans Lettuce & Tomato Salsa, Diced Pears, Fresh Apple Sour Cream, Ranch Dressing	20	Pepperoni Pizza Baked Potato w/Taco Meat, Cheese & Hot Roll Broccoli w/Cheese, Baby Carrots Diced Peaches, Fresh Orange Sour Cream, Ranch Dressing
23	Steak Fingers Buffalo Chicken Tenders Mashed Potatoes, Mustard Greens Texas Toast, Fresh Orange Strawberry Apple Sauce Country Gravy, Ketchup	24	Spaghetti w/Meat Sauce & Breadstick Cheese Stuffed Breadstick Broccoli w/Cheese, Sliced Cucumbers Fruit Cocktail, Fresh Apple Marinara Sauce, Ranch Dressing	25	Chili Cheese Crispito w/Jalapeno Cornbread Chicken Fajitas w/Cheese Roasted Peppers & Onions Charro Beans, Pineapple Tidbits Banana, Salsa, Sour Cream	26	Chicken Tenders Ham & Cheese Sub Sweet Potato Fries Sandwich Trimmings Diced Pears, Fresh Apple Country Gravy, Ketchup, BBQ Sauce	27	Cheese Pizza BBQ Beef Baked Potato w/Hot Roll Broccoli & Cauliflower Dippers Steamed Corn, Salsa Diced Peaches, Fresh Orange Margarine, Sour Cream, Ranch Dressing
30	Chicken Fried Steak Chicken Nuggets Mashed Potatoes, Green Beans Breadstick, Fresh Orange Strawberry Apple Sauce Country Gravy, Ketchup, BBQ Sauce	31	Kung Pao Chicken w/Rice Knockwurst Slider Steamed Carrots Creamy Coleslaw Fruit Cocktail, Fresh Apple Ketchup, Mustard	<p>Happy Halloween!</p> <p>QuotesIdeas.com</p>					

For nutritional and other information, check out our website at: <http://>